



WHAT IS IT?

Parent Power Hour (PPH) is held once a month from 10:00 am to 11:00 am and provides tips, tools, and strategies for parents to use to help their child(ren) succeed in school and life. PPH is free for all participants and we encourage you to invite your friends and colleagues to join the discussion. Need Continuing Professional Education (CPE) hours? All webinars can be found on the webpage and in the Online Learning Center. Parent Power Hour gives you the opportunity to participate from the comfort of your school or home. Register today! **REGISTRATION:** Register as normal on the Region 10 ESC website in the Calendar of Events!

| WEBINAR DATES & TOPICS | | |
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| <p><i>Topic:</i> Raising Your Grandchild: Tips and Tools</p> <p><i>Date:</i> September 21, 2015</p> <p><i>Speaker:</i> Lauren A. McKinney</p> | <p><i>Topic:</i> Bullying: Prevention & Identification</p> <p><i>Date:</i> October 19, 2015</p> <p><i>Guest Speaker:</i> Victor Cheatham</p> | <p><i>Topic:</i> Is Your Child Future Ready?</p> <p><i>Date:</i> November 9, 2015</p> <p><i>Guest Speaker:</i> Travis Waddell</p> |
| <p><i>Topic:</i> Addressing Family Conflicts: Tips for Families</p> <p><i>Date:</i> December 14, 2015</p> <p><i>Speaker:</i> Lauren A. McKinney</p> | <p><i>Topic:</i> Choose My Plate: Healthy Nutrition Practices for the Entire Family</p> <p><i>Date:</i> January 25, 2016</p> <p><i>Guest Speakers:</i> Tomekia Holman & Anjelica Gilmore</p> | <p><i>Topic:</i> FAFSA & Scholarships: What You Should Know</p> <p><i>Date:</i> February 22, 2016</p> <p><i>Guest Speaker:</i> Kim Simmons</p> |
| <p><i>Topic:</i> Adult Education & Literacy: Completing My Own Education</p> <p><i>Date:</i> March 21, 2016</p> <p><i>Guest Speaker:</i> Nancy McGruder</p> | <p><i>Topic:</i> Keeping Your Child Safe Online</p> <p><i>Date:</i> April 18, 2016</p> <p><i>Speaker:</i> Lauren A. McKinney</p> | <p><i>Topic:</i> Graduating to the Next Grade Level: Tips to Ease the Transition</p> <p><i>Date:</i> May 23, 2016</p> <p><i>Speaker:</i> Lauren A. McKinney</p> |

Webinar Link For Each PPH: <https://attendee.gotowebinar.com/rt/3617805936238275585>

For more information, contact Janet Hathcock at (972) 348-1364 or Janet.Hathcock@Region10.org.

www.Region10.org/ParentInvolvement